

SEPTEMBER

newsletter

CREATIVE BEGINNINGS CHRISTIAN PRESCHOOL

WELCOME TO CBCP!

The first day of school is an exciting milestone in your child's life. Your child is embarking on a journey that will lead them on many roads of discovery and learning. As wonderful as this new experience may be, it can also be quite stressful for the child. New situations and change can, at times, be unsettling for all of us. For many children, this may be their first experience of separation from parents or caregivers at home. It is common for even the most outgoing child to be anxious on the first day of school.



We have provided a few suggestions for assisting your child during this time. Remember the preschool staff will be available to provide support and assistance in making your child's first school days, happy days.

- Prepare your child for the new school experience by explaining what to expect. Answer all questions directly and honestly.
- Convey a positive attitude. Young children are aware of your feelings. Your enthusiasm, will assure the child that school can be a fun and exciting place.
- Establish a routine involving both the night before a school day as well as morning preparation. Rituals and routines will add predictability and are comforting in unfamiliar situations.
- Clearly state to your child where you will be and when/who will return. It may also be helpful to discuss what will happen when you are reunited.
- Maintain a clear goodbye routine. This may include warning the child that you are leaving in 3 minutes, a kiss and a hug, or a wave from the window. **Once you tell your child you are leaving, it is important to follow through.** *Extending the goodbye with, "Ok just one more kiss, and then I really have to go" tends to heighten anxiety rather than relieve it. Avoid sneaking out, as this seems to encourage children to become less trusting and makes the next day of school even harder. Again, please know that we are here to make the first day of school a happy transition, and we look forward to an exciting and fun year!*

REMINDERS

• Tuition is always due by the 5th of each month- Except Sept is due the 1st week of school. A late fee is assessed if payment is not received by the 5th of the month. This year there are multiple ways to pay your monthly tuition. You can pay monthly tuition from our website:

www.creativebeginningschristianpreschool.com - there is a convenience fee charged for this method. You can also pay by cash or check. Please make sure you put cash/check inside the plastic protector the middle of your child's folder. This helps us to see it, and ensures your payment isn't lost in the bottom of their bag.

• It is very important that you check your email/Class Dojo/texts and your child's folder daily for important information.

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COMING UP

SEPT 29/30
Picture Day!

OCT 9-12
NO SCHOOL

OCT 15/16
Fall Field Trips

